

STUDY PLANNER IN USE – Example

Students fill out the planner themselves (or with the help of an aide if needed):

- **Identify** areas of work / goals for their study
- **Plan** their study time with the help of the table, timing their tasks and breaks.

The table shows the total study time, divided into five minute increments.

STUDY PLANNER NAME MAX DAY / DATE Tue 5/11 AIDZ GOR

SUBJECT / WORK HUMANITIES

GOALS

- start HUM CAT part 2
- continue Animé drawing
- 10 min Mathletics

5	
10	MATHLETICS
15	
20	BREAK
25	
30	HUMANITIES
35	CAT
40	
45	BREAK
50	
55	
60	DIGITAL DRAWING
65	
70	

10' (circled)

20' (circled)

12:50 (circled)

FEEDBACK Student worked well with the help of visual timers, tendency to underestimate duration of a task – limit goals

GOALS

Define 1-3 tasks to complete, for example: start worksheet / finish paragraph 1 / read 10 pages etc.

Goals can be ticked off after completion

PLANNING

Students give each task a timeframe within the study period

Breaks need to be scheduled in as well

TIMING

Visual reminder of the duration of a task block or what time the student is going to start the task

FEEDBACK

Aides to put notes for internal communication and file the sheet for future reference