

Belonging & Social Awareness

Adaptability

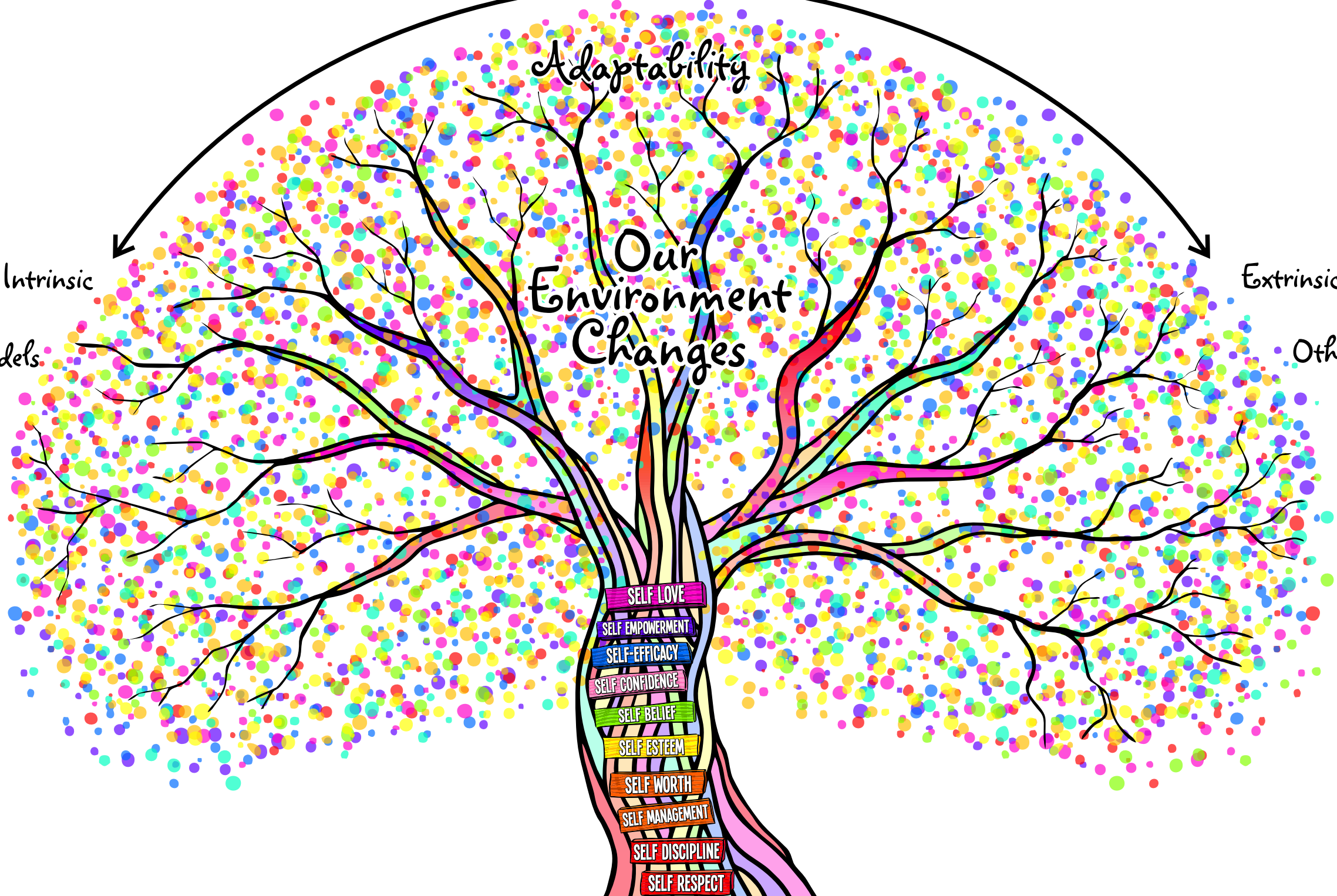
Our Environment Changes

Intrinsic

Extrinsic

Role Models

Other People



SELF LOVE

SELF EMPOWERMENT

SELF EFFICACY

SELF CONFIDENCE

SELF BELIEF

SELF ESTEEM

SELF WORTH

SELF MANAGEMENT

SELF DISCIPLINE

SELF RESPECT

REFLECTION

PROBLEM SOLVING

DECISION MAKING

CONFLICT RESOLUTION

EMOTIONAL REGULATION

RESPONSIBILITY

CRITICAL THINKING

EMPATHY

COMMUNICATION

Self Identity & Self Awareness